

Serenity Bay Wellness

escape. relax. renew

Traditional Massage Therapies	60min	90min
Traditional Thai Yoga Massage	R500	R725
Thai Oil Massage	R550	R790
Herbal Compress Massage	R650	R950

Targeted Relief & Recovery	30min	60min	90min
Sports (Deep Tissue) Massage		R590	R850
Neck, shoulder & Back Massage		R520	R750
Foot Massage	R350	R520	R750
Face Massage	R350	R520	

Holistic & Sensory Experiences	60min	90min
Aromatherapy	R550	R790
Candle Massage	R600	R870

Manual Lymphatic Drainage (MLD) Ritual	
30-min Focused MLD Ritual	R550
60-min Signature MLD Ritual	R850
90-min Extended MLD Ritual	R1 150

Specialised Care	60min	90min
Pregnancy Massage	R550	R790

Body Renewal	60min	90min
Body Scrub	R650	R950

Couples Massage

Side by side in a private suite, two therapists guide you both through a full-body massage tailored to each of you. The perfect way to slow down together.

Signature Packages

Relax & Restore

Thai Oil Massage & Face Massage

R850/90min

Refresh & Revive

Aromatherapy & Herbal Compress Massage

R1 100/120min

Smooth & Soothe

Body Scrub & Candle Massage

R1 190/120min

Lymphatic Drainage Ritual

6 x 30min Focused Lymphatic Drainage Ritual Sessions
R3 670

6 x 60min Signature Lymphatic Drainage Ritual Sessions
R4 590

6 x 60min Extended Lymphatic Drainage Ritual Sessions
R6 210

